

# The Sophie Cameron Trust



Dear Friend,

You have received this letter because you, a member of your family, or someone close to you, has been diagnosed with Encephalitis Lethargica (EL). Unlike some other forms of encephalitis, EL may be very difficult to diagnose because it often displays a wide variety of physical and psychological symptoms with no obvious cause.

The Sophie Cameron Trust is a charity that was established to find out more about EL and to help those who suffer from it. Following the severe illness of Sophie Cameron, who contracted EL in 1999, her parents and friends found it difficult to find any recent information about this devastating illness. Funds have since been raised to help finance research into EL at several institutions in the UK, as well as in the USA and Russia, and we hope that this research will lead to better tests and treatment for the disease.

In the meantime, the Sophie Cameron Trust is here to help support you and your family. We will look at each case individually and try to give appropriate assistance wherever possible. This might include some financial help. We welcome contacts from those involved with cases of EL, new or old, and look forward to hearing from you. Further information, including details of our aims, is available on our website: [www.thesophiecamerontrust.org.uk](http://www.thesophiecamerontrust.org.uk). If possible, please contact us by e-mail, but you can phone us if you prefer. Another charity website with details of all types of encephalitis is [www.encephalitis.info](http://www.encephalitis.info).

So please, if you have been touched by this disease, get in touch!

Best wishes

Dr Bernard Whiteside  
Chairman, Sophie Cameron Trust

**Patron: Baroness Warnock**  
**Scientific Adviser: Professor Gavin Giovannoni**  
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